



**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
**Plot 91, Cadastral Zone, Nnamdi Azikwe Express Way, Jabi, Abuja, FCT**  
**Faculty of Health Sciences**  
**Department of Nursing Sciences**  
**2024\_2 EXAMINATION**

**Course Code: NSC412**

**Course Title: Mental Health and Psychiatric Nursing II**

**Course Credit Units: 4 Units**

**Time Allowed: 2 Hours**

**Instruction: Answer All the Questions**

**Question 1**

1. Write short note on the following mental health problems of the youths in Nigeria:

- i. Inability to give up home and family relationships
- ii. Rejection of Parental and Home Standards
- iii. The Search for Identity and a Purpose in Life
- iv. Lack of Social and Emotional Adjustment
- v. Problems of Drug Abuse

(4 marks each)

**Question 2**

- 2(a). Define Attention Deficit Hyperactivity Disorder (ADHD). (2 marks).
- (b). List and explain three (3) characteristics of ADHD. (4<sup>1</sup>/<sub>2</sub> marks).
- (c). Enumerate eight (8) clinical manifestations of ADHD. (4 marks)
- (d) List five (5) causes of ADHD. (2<sup>1</sup>/<sub>2</sub> marks)
- (e). Describe your nursing responsibilities to a 7-year old child with a diagnosis of ADHD.(7 marks)

**Question 3**

3. Mr . Johnson, a-34 year old businessman was brought to your ward with the history of restlessness and exhaustion. Though looking well dressed, he was alleged to be giving out his property to people claiming he was sent to wipe out poverty.

- (a) What is likely diagnosis of Mr. Johnson. (2 marks)
- (b) Highlight four (4) predisposing factors for this condition (4 marks)
- (c) Enumerate ten (10) other signs and symptoms of Mr, Johnson (5 marks)
- (d) Outline the Nursing management of Mr, Johnson (9 marks)

**Question 4**

- 4(a). Define Organic mental disorders (2 marks)
- (b). Enumerate at least three (3) Classification of organic mental disorders (3 marks)
- (c). In a tabular form, differentiate between Delirium and Dementia (5 marks)